

Review of the monograph
«System of Physical Education of Pupils of secondary Comprehensive Schools
of Poland and Ukraine
(XVI – beginning of XXI Century): Comparative Analysis»
(E. S. Vilchkovskyy, B. M. Shiyan, A. V. Tsos, V. R. Pasechnik)*



Physical education as part of education for a long developed in terms of depending on the social, cultural and economic factors in the region. So key point in understanding of modern system of physical education of students is to analyze historical aspects of its formation, the comparison with the experience of other countries, especially those coming to Ukraine for traditions, mentality, long history and geography.

In the monograph «The system of physical education of students of secondary schools in Poland and Ukraine» (XVI – the beginning of XXI century): a comparative analysis characteristics, trends and directions of evolution of the physical education of children and youth in Poland and Ukraine from the sixteenth century to this day are defined. Such a holistic analysis, synthesis and comparison in historical terms of formation and development of physical education – is an important and urgent task.

Authors of monograph are leading scientists of Ukraine and Poland in the field of physical education, sport pedagogy. Among them are – a member of the National Academy of Pedagogical Sciences of Ukraine, Doctor of Education, Professor Eduard Stanislavovych Vilchkovskyy (Lesya Ukraika Eastern European National University, Jan Kochanowski Keltsynskyy University), Honored Worker of Physical Culture and Sports of Ukraine, Doctor of Pedagogy Professor Bogdan Myhailovych Shiyan (Ternopil National Pedagogical University named after Volodymyr Gnatyuk), Doctor of Science in physical education and sport, Professor Anatoly Vasylovych Tsos (Lesya Ukrainka Eastern European National University) and Doctor of Pedagogics, Professor Volodymyr Romanovych Pasichnyk (Jan Kochanowski Keltsynskyy University). Authors from different but unidirectional scientific interests, accumulated efforts and scientific achievements, were able to carry out a systematic comparative analysis of physical education of students in Poland and Ukraine. This approach in studying definite problem provides an opportunity to better understand patterns of gradual development of physical education of children and youth, their dependance on social,

economic, socio-cultural and other factors, to identify the links between them and objectively assess the current state of teaching process on this subject and directions of further evolution. Reviewed work consists of introduction, six chapters that cover different facets of test questions and a list of sources, which has 543 names.

The material of the first chapter «The formation and development of physical education of students in Poland and Ukraine in the XVI – the beginning of the twentieth century» – is an analysis of achievements of Polish and Ukrainian authors of that time. Physical education is regarded as an important educational component and a way to improve the health of schoolchildren. Through the prism of physical education the following prominent figures are considered, including Tadeusz Chatsky, who was the organizer of education in Volyn, Kyiv and Podolsk areas; Olexandr Duhnovich, which developed a system of exercise; Myhailo Demkov who put in the basis of physical education age periodization of child development. Material about Cossack traditions of children physical education, physical education in the calendar and family rituals of Ukrainian people discovering Ukrainian roots of the modern family, national physical education.

In the second chapter «The state of physical education of students in Polish and Ukrainian schools in the first half of the twentieth century» multidimensional analysis of physical education students in Poland and Ukraine in the interwar period is conducted. The policy of the former government to concepts of physical education, encouragement of young people to the sport, leading scientists contribute to the formation of physical education in Poland are considered. At the same time it is given the information about the physical education of Ukrainian schoolchildren, existing training programs and schemes of physical culture lessons, the importance of taking into account the health of children and their division into groups depending on physical development and health.

The third chapter of the monograph «Development of physical education of students in Poland and Ukraine in 40–60 years of the twentieth century» contains results of the investigations in respect of a system of physical education of children and young people after World War II, where the leading role of the state has state and educational bodies. The main trends of development of physical training of Ukrainian students in 1945–1960, prominent investments of educators and scholars are considered.

The fourth section «Peculiarities of physical education of the younger generation in Poland and Ukraine in 70–90 years of the twentieth century» the influence of socioeconomic status on the state of physical education of children and youth is regarded, the impact of governmental institutions on the development of physical education students is considered, current school programs in physical training are characterised.

The fifth section «Reform of school education in Poland and Ukraine at the end of the XX–XXI century» has information about the current state of physical education system in Poland and physical education of children and youth at the present stage of development of school education in Ukraine. The description of the principal positions in the education of children and youth in Poland, which states that discipline «Physical Education» is compulsory in schools of all types, and for students who have a talent for sports, created appropriate classes. Considered basic tenets of modern Polish and Ukrainian school curriculums, Ukrainian State requirements for physical tasks of preschool children and students the basic principles of the Regulation on the organization of physical education and sports.

The logical continuation of the above mentioned historical aspects of the formation of modern physical education in Ukraine and Poland is the sixth chapter of the monograph «The physical development and motor preparedness of students of secondary schools in Poland and Ukraine». Aptly noted that the physical development of children and youth is the most objective indicator that reflects the level of their health. The data on the results of anthropometric measurements of pupils of secondary schools in Poland and Ukraine are shown.

Presented monograph is a fundamental work. Authors skillfully applied the selection of information, its analysis and interpretation to fill the gaps in the history of physical education. It should be noted that monograph is well illustrated, material is shown in an accessible form for a wide range of readers and at the same time has scientific and practical value to students, researchers and educators.

Reviewer – Kuts Olexander Sergiyovych, Doctor of Education, Professor of Theory and Methodology of Physical Education of Kherson State University.