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## INFORMATION FOR OUR AUTHORS

The edition “Physical education, sport and health culture in modern society” contains the following headings:

- ✓ Historical, legal and personnel issues of physical culture.
- ✓ Physical culture educational technologies.
- ✓ Physical culture, physical education of different groups of population.
- ✓ Curative physical culture, sports medicine and physical rehabilitation.
- ✓ Olympic and professional sport.

In order to submit your manuscript for publishing in the edition and check its current status, you should register at the website (<http://sport.eenu.edu.ua>).

For publication we admit only previously unpublished works (including in other languages in the very same form) that were not sent for consideration of editorial staffs of other editions. Authors are responsible for accuracy of citation and scientific facts in the article, figures and other information.

By submitting articles authors:

- agree to publish their full text on the Internet;
- agree with recommendations of The World Association of Medical Editors and **COPE** standards

(<http://publicationethics.org/>) according to the ethical principles of scientific publications.

Authors give consent to collection and processing of personal data for inclusion into a database according to the Law of Ukraine № 2297-VI “About personal data protection” from 01.06.2010. Names and emails which are indicated by users of this website of the edition will be used only for implementation of internal technical tasks; they won’t be spread and transferred to the third parties.

Scientific works are reviewed by members of the editorial board of the edition or outside independent experts according to the principle of objectivity and positions of higher international academic quality standards.

**1. While writing an article *it is obligatory to follow these rules:***

- ✓ article title should be concise, clear, reflect its content, be without abbreviations (up to 10 words);
- ✓ avoid styles of scientific report or scientific-popular article;
- ✓ it is not expedient to put rhetorical questions; give preference to narrative sentences;
- ✓ all references are presented at the beginning of the article; its main content contains presentation of own opinions;
- ✓ the article should have simple structure (without division into sections and subsections!).

**2. Article structure:** UDC (Universal Decimal Classification) index; in the right corner of the page – name and surname of the author, email; in the middle – name of the article, name of the educational establishment, city; annotations and key words **in Ukrainian, Russian and English** (annotation volume – 240-250 words).

In the text of the annotation simple sentences, syntactic constructions peculiar to scientific style should be used. There should be no acronyms, abbreviations, general phrases and repetitions of the article title. At the beginning of sentences the following phrases are desirable to be used: *it is examined, it is established, it is displayed, it is analyzed, it is carried out, it is proven, etc.*

The annotation should function as an independent from the article source of information and enable establishment of its main content.

Annotations should be prepared according to international standards and include the following subheadings:

- ✓ name, surname of the author, article title, name of the organization;
- ✓ topicality;
- ✓ tasks of the paper;
- ✓ method or methodology of work conducting (*are described in case when they differ in novelty or are of interest from the perspective of the scientific work; in experimental works data sources and character of their processing should be indicated*);
- ✓ results of the work (*the main theoretical and experimental results, found interconnections and regularities are presented*);
- ✓ conclusions (*may be accompanied by recommendations, assessments, proposals, hypotheses that are described in the article*);
- ✓ key words: (5-6) (*reflect the main content of the article, scientific scope, topic are given in nominative case*). (*With the help of key words scientific articles are searched in databases*).

In the **English annotation** it is presented the following information: name of the author (transliteration); name of the article (translation); address information of the author (name of an establishment/institution, address of an organization, city, country); annotation (about 240-250 words) with keeping chronology of the article and subheadings as in the Ukrainian annotation; key words.

The English annotation should be written in high quality English language. The use of machine translation is not allowed.

**Authors of foreign countries present annotations in Russian and English.**

### **3. The main text of the article**

The editorial board accepts for publication only those scientific articles (it should contain results of theoretical or experimental study) which **include the following elements**:

✓ **Introduction** (*setting of a problem and its connection with important scientific or practical tasks, analysis of latest researches; separation of previously unsolved parts of the general problem of the article*).

✓ **Objective of the study** (*The objective of the study is oriented at its final result, tasks are formed by questions answers to which should be given for realization of the study objective. For formation of the objective it is preferably to use such words as **to establish, to discover, to develop, to prove**, etc.*

✓ **Material and methods of the study** (*number, age, sports qualification of the examined, conditions, duration and succession of experiment conduction are indicated, choice of methods which are used in the study are briefly grounded*).

✓ **Results of the study. Discussion.** Introduction of the main material of the study with full grounding of the obtained scientific results (*results of studies with obligatory statistic data process should be presented in the form of tables, graphs, diagrams. Data reflected in tables should be substantial, complete, accurate. Title of the table, name of the graph or diagram should correspond to their content. It is unacceptable to repeat data of tables and graphs in words. Results of the study should necessarily be analyzed. It is necessary to draw parallels between obtained data, other foreign and native scientists*).

✓ **Conclusions and perspectives of further studies** in this course (*it is presented short formation of study results, comprehension and generalization of a topic. Conclusions should be laconic, specific, reasonable, relevant to the purpose of the study and follow the main content of work*).

✓ **References** (not more than 20, each position should have citation in the text of the article; Internet-citation in the text should be accompanied by full specific URL links) should have sufficient number of **modern** (for the last five years) references that reflect problem of the study. The list should include scientific articles of Ukrainian and foreign (up till 50%) specialized scientific journals, including the one published in the edition “Physical education, sport and health culture in modern society”. Information about them must fulfill the requirements of **the State Standards of Ukraine 7.1:2006**. Citations within the text should be put in square brackets, separating each reference with a semicolon, as in the example [3; 4; 6; 8; 12; 15].

The List of References is placed after the main list of literature.

The List of References should be formed in English according to the international style APA (American Psychological Association) (<http://www.bibme.org/citation-guide/apa/>; <http://www.citation-machine.net/apa/cite-a-book>). Information should be transliterated according to the decree of the Cabinet of Ministers of Ukraine from 27.01.2010 № 55 (<http://zakon2.rada.gov.ua/laws/show/55-2010-%D0%BF>) (for Ukrainian language) or requirements of BGN/PCGN (for Russian language).

Detailed rules of Reference List formation are on the website of the edition <http://sport.eenu.edu.ua>.

#### **4. While preparing articles, please, stick to the following requirements:**

Subject of email letter and name of the file with the article: Author's Surname\_Article.

Languages of the publication – Ukrainian, Russian, Polish (by choice) and English (obligatory).

Volume of the article — 8-12 pages with tables, schemes and pictures, A4, Word Editor 97-2003, in format \*.doc. font 14 pt, Times New Roman, 1,5 line spacing (in tables 1 line spacing), portrait orientation, without hyphenation.

Annotations and key words – Times New Roman, font 12 pt.

Margins: left – 3 cm, right – 1 cm, top and bottom – 2 cm, alignment – horizontal.

You should differentiate dash (–) and hyphen (-).

Text elements that require highlighting are underlined; meaning of words are put in double quotes.

Amount of table material and illustrations should be appropriate. Figure material is presented in a table and has a sequence number, right-side alignment (for example, *Table 1*) and a name (printed over the table in the middle in bold, for example: **Division of students according to the level of their physical activity**). Text of the table is printed with Times New Roman font, 1 line spacing; portrait orientation.

The picture should be a single graphic object (grouped). For pictures made in Excel program, it is necessary also to send an Excel file (97-2003). Pictures should be numbered; they should have titles that are given outside a graphic object (for example, **Picture 1. Dynamics of physical working capacity**). Illustrative material must be contrasting black and white, way of filling in diagrams - dashed. Formulas (with standard numbering) are performed in Microsoft Equation Editor. Underlines of pictures and formulas should be available for editing. All graphic objects shouldn't be scanned.

Article requirements, latest issues of the edition, archives and various information – at the webpage of the edition: <http://physicaledu-journal.org.ua> and <http://sport.eenu.edu.ua>.

If the article doesn't correspond with the mentioned above requirements or its scientific level is insufficient – the editorial board doesn't accept the work for publishing.

With other questions and for more detailed information, please, contact the executive secretary Indyka Svitlana (work phone +380332-24-21-78; mobile phone +38066-48-30-600).

For timely information we ask you to send the Author's Information (look below), and a digital picture of an author (authors) for publication in the column "Our Authors".

### AUTHOR'S INFORMATION

**Title of the article** \_\_\_\_\_

**Surname, name, second name, scientific degree and academic title, author's position**

*(in Ukrainian and English)* \_\_\_\_\_

**ORCID** *(digital ID of the author that differs you from any other researcher, maintains contacts between you and your professional activity. You may obtain your unique ORCID ID by registering at <http://about.orcid.org>, <https://orcid.org/register>)* \_\_\_\_\_

**Place of work, study, postal address, index, work phone** (of the establishment or organization)  
*(in Ukrainian and English)* \_\_\_\_\_

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