

## *Reviews, Chronicles and Personals*



### **Dear Colleagues, Scholars, Coaches and Friends!**

We are pleased to announce that, on November 22-24, 2019, the 1<sup>st</sup> International Congress «Quality of Life in an Interdisciplinary Dimension» will be hosted in the magnificent place of Złoty Potok near Czestochowa (Poland Republic).

We invite scientists, trainers, teachers, doctors, physical therapists and other people who are interested in improving the quality of life, health, sports and education to join the Congress.

The program of the Congress provides speeches on the proposed topics, presented orally, in the form of a poster or a master class practice.

The basic thesis of the scientific reports (preferably in English) will be published in the Electronic Collection of the Congress materials.

If the editorial requirements are met, the manuscripts will be published at the International Journal «*Physical Activity Review*» ([tp://www.physactiv.ajd.czest.pl](http://www.physactiv.ajd.czest.pl)), indexing in the science-based databases of Web of Science and Scopus.

### **Fields of the Congress**

- ✓ Health and yoga, the martial arts
- ✓ Research of quality of life: modern trends and history
- ✓ Sports, tourism and health.
- ✓ Pedagogy of health.
- ✓ Dietary practice and human nutrition
- ✓ Quality of life in the humanitarian dimension.

The Congress work is not limited to the mentioned problem and can be expanded (according to the scientific interests of the authors) within the framework of the Congress theme.

Participation in Congress is possible only after electronic registration and payment of 180 EUR or 750 PLN (until September 30, 2019).

### **More information at [wcongress.pl](http://wcongress.pl)**

The Congress Organizing Committee wishes you great success!

Sincerely,

Chairman of the Organizing Committee

Dr. hab, Professor Jacek Wąsik

Jan Długosz University of Czestochowa